



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Keller, René

Club: FSV Gräfinau-Angstedt

Number: 397

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:03:26

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 124 (of 133)

Rank in course/Men: 102 (of 104)

Best time in course: 37:28

Rank in category: 9(of 10)

Best time in the category: 42:31