



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Gießler, Nancy

Club: Arnstadt

Number: 378

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:09:53

Speed: 8.59 km/h

Running performance: 6:59 min/km

Rank in course/Total: 130 (of 133)

Rank in course/Women: 26 (of 29)

Best time in course: 41:26

Rank in category: 2(of 2)

Best time in the category: 52:35