



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Wulf, Jan Paul**

Club: LSV Lok Arnstadt

Number: 322

Course: 3.50 km

Jugendlauf

Category:

männliche Jugend M14 (14 Jahre)

Total time: 15:47

Speed: 11.40 km/h

Running performance: 4:31 min/km

Rank in course/Total: 10 (of 35)

Rank in course/Men: 8 (of 16)

Best time in course: 13:47

Rank in category: 2(of 3)

Best time in the category: 15:05