



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Gräßer, Lisa**

Club: SV 90 Gräfenroda

Number: 306

Course: 3.50 km

Jugendlauf

Category:

weibliche Jugend W13 (13 Jahre)

Total time: 17:26

Speed: 10.33 km/h

Running performance: 4:59 min/km

Rank in course/Total: 20 (of 35)

Rank in course/Women: 6 (of 19)

Best time in course: 15:13

Rank in category: 1(of 3)

Best time in the category: 17:26