



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Apel, Anett

Club: Erfurt
Number: 252

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:19:44

Speed: 9.78 km/h
Running performance: 6:08 min/km

Rank in course/Total: 48 (of 59)
Rank in course/Women: 10 (of 12)
Best time in course: 1:04:41

Rank in category: 3(of 3)
Best time in the category: 1:13:04