



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

Dr. Kreighoff, Lothar

Club: GMRLV

Number: 241

Course: 13.00 km

Mittelstrecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:21:13

Speed: 9.60 km/h

Running performance: 6:15 min/km

Rank in course/Total: 50 (of 59)

Rank in course/Men: 40 (of 47)

Best time in course: 48:54

Rank in category: 2(of 2)

Best time in the category: 1:04:51