



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Bruhne, Bernd

Club: Hainichläufer Mühlhausen

Number: 248

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:21:30

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 51 (of 59)

Rank in course/Men: 41 (of 47)

Best time in course: 48:54

Rank in category: 7(of 8)

Best time in the category: 55:10