



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Krieghoff, Karola

Club: GMRV

Number: 240

Course: 13.00 km

Mittelstrecke

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:21:56

Speed: 9.52 km/h

Running performance: 6:18 min/km

Rank in course/Total: 52 (of 59)

Rank in course/Women: 11 (of 12)

Best time in course: 1:04:41

Rank in category: 1(of 1)

Best time in the category: 1:21:56