



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Rasch, Martina

Club: Eisenach

Number: 258

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:25:46

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 54 (of 59)

Rank in course/Men: 42 (of 47)

Best time in course: 48:54

Rank in category: 8(of 8)

Best time in the category: 55:10