



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Bechstein, Michael

Club: Sonntagsläufer Tambach-Dietharz

Number: 202

Course: 13.00 km

Mittelstrecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:27:01

Speed: 8.96 km/h

Running performance: 6:41 min/km

Rank in course/Total: 55 (of 59)

Rank in course/Men: 43 (of 47)

Best time in course: 48:54

Rank in category: 8(of 8)

Best time in the category: 1:00:31