



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Ziegler, Hans-Joachim

Club: TSG /WSV 07 Ruhla

Number: 207

Course: 13.00 km

Mittelstrecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:27:12

Speed: 8.94 km/h

Running performance: 6:43 min/km

Rank in course/Total: 57 (of 59)

Rank in course/Men: 44 (of 47)

Best time in course: 48:54

Rank in category: 2(of 2)

Best time in the category: 1:17:17