



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Ziegenfuß, Hans-Jürgen

Club: Anrode

Number: 229

Course: 13.00 km

Mittelstrecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:27:32

Speed: 8.91 km/h

Running performance: 6:44 min/km

Rank in course/Total: 58 (of 59)

Rank in course/Men: 46 (of 47)

Best time in course: 48:54

Rank in category: 4(of 4)

Best time in the category: 58:16