



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Mierke, Stephan

Club: WSV Beverungen

Number: 451

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:34:28

Speed: 13.40 km/h

Running performance: 4:29 min/km

Rank in course/Total: 9 (of 67)

Rank in course/Men: 9 (of 56)

Best time in course: 1:18:01

Rank in category: 1(of 8)

Best time in the category: 1:34:28