



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Urbach, Rene

Club: Mühlhausen

Number: 405

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:35:19

Speed: 13.22 km/h

Running performance: 4:31 min/km

Rank in course/Total: 10 (of 67)

Rank in course/Men: 10 (of 56)

Best time in course: 1:18:01

Rank in category: 3(of 11)

Best time in the category: 1:32:59