



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Steinwachs, Bert

Club: SV Normania Treffurt

Number: 471

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:35:43

Speed: 13.16 km/h

Running performance: 4:32 min/km

Rank in course/Total: 11 (of 67)

Rank in course/Men: 11 (of 56)

Best time in course: 1:18:01

Rank in category: 4(of 11)

Best time in the category: 1:32:59