



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Kürschner, Heiko

Club: WSC 07 Ruhla

Number: 412

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:41:04

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 18 (of 67)

Rank in course/Men: 18 (of 56)

Best time in course: 1:18:01

Rank in category: 2 (of 6)

Best time in the category: 1:30:20