



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

**Dittmann, Jens**

Club: Rot Weiß Scherbda

Number: 407

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:42:49

Speed: 12.31 km/h

Running performance: 4:52 min/km

Rank in course/Total: 20 (of 67)

Rank in course/Men: 20 (of 56)

Best time in course: 1:18:01

Rank in category: 3(of 8)

Best time in the category: 1:34:28