



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

**Gosch, Hartmut**

Club: Team Nutrilite

Number: 453

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:50:47

Speed: 11.37 km/h

Running performance: 5:15 min/km

Rank in course/Total: 30 (of 67)

Rank in course/Men: 29 (of 56)

Best time in course: 1:18:01

Rank in category: 3(of 7)

Best time in the category: 1:39:38