



20. Hainich-Lauf Mihla  
Mihla / 01.05.2014

## Detailed evaluation

**Metzing, Aline**

Club: Mihla  
Number: 456

Course: 21.10 km  
Halbmarathon

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:51:35

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 32 (of 67)

Rank in course/Women: 2 (of 11)

Best time in course: 1:46:40

Rank in category: 1(of 3)

Best time in the category: 1:51:35