



20. Hainich-Lauf Mihla
Mihla / 01.05.2014

Detailed evaluation

Gerlach, Astrid

Club: SV Blau Weiss 90 Creuzburg
Number: 469

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:52:54

Speed: 11.16 km/h
Running performance: 5:21 min/km

Rank in course/Total: 37 (of 67)

Rank in course/Women: 3 (of 11)

Best time in course: 1:46:40

Rank in category: 2(of 3)

Best time in the category: 1:51:35