



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

**Häger, Mario**

Club: SV Fisch-Auf Emleben

Number: 447

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:53:01

Speed: 11.15 km/h

Running performance: 5:22 min/km

Rank in course/Total: 38 (of 67)

Rank in course/Men: 35 (of 56)

Best time in course: 1:18:01

Rank in category: 3(of 6)

Best time in the category: 1:30:20