



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Zacharias, Henry

Club: LFV Oberholz

Number: 444

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:55:37

Speed: 10.90 km/h

Running performance: 5:29 min/km

Rank in course/Total: 40 (of 67)

Rank in course/Men: 37 (of 56)

Best time in course: 1:18:01

Rank in category: 8(of 8)

Best time in the category: 1:34:28