



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

**Friedl, Horst**

Club: TSV Hoechheim

Number: 463

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:57:36

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 43 (of 67)

Rank in course/Men: 39 (of 56)

Best time in course: 1:18:01

Rank in category: 4(of 7)

Best time in the category: 1:39:38