



20. Hainich-Lauf Mihla
Mihla / 01.05.2014

Detailed evaluation

Wölfel, Roland

Club: Stedtfelder Rennsteigfreunde
Number: 438

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:00:16

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 46 (of 67)

Rank in course/Men: 41 (of 56)

Best time in course: 1:18:01

Rank in category: 5(of 7)

Best time in the category: 1:39:38