



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Kaufmann, Roland

Club: VfB Beberstedt 26

Number: 468

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:10:49

Speed: 9.63 km/h

Running performance: 6:12 min/km

Rank in course/Total: 57 (of 67)

Rank in course/Men: 51 (of 56)

Best time in course: 1:18:01

Rank in category: 6(of 6)

Best time in the category: 1:30:20