



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Wurg, Andreas

Club: Heyerode

Number: 132

Course: 6.60 km

Kurzstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 36:13

Speed: 9.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 11 (of 31)

Rank in course/Men: 7 (of 20)

Best time in course: 27:00

Rank in category: 2(of 4)

Best time in the category: 28:43