



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Tiffert, Nadine

Club: Diedorf

Number: 107

Course: 6.60 km

Kurzstrecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 38:16

Speed: 10.35 km/h

Running performance: 5:48 min/km

Rank in course/Total: 15 (of 31)

Rank in course/Women: 6 (of 11)

Best time in course: 30:29

Rank in category: 1(of 2)

Best time in the category: 38:16