



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Münch, Mirko

Club: Floh-Seligentahl

Number: 120

Course: 6.60 km

Kurzstrecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 40:41

Speed: 8.85 km/h

Running performance: 6:10 min/km

Rank in course/Total: 21 (of 31)

Rank in course/Men: 12 (of 20)

Best time in course: 27:00

Rank in category: 2(of 2)

Best time in the category: 36:45