



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Gössel, Tino

Club: WSC 07 Ruhla

Number: 115

Course: 6.60 km

Kurzstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 40:55

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 22 (of 31)

Rank in course/Men: 13 (of 20)

Best time in course: 27:00

Rank in category: 3(of 4)

Best time in the category: 28:43