



20. Hainich-Lauf Mihla  
Mihla / 01.05.2014

Detailed evaluation

Helbig, Hans-Peter

Club: Stedtfelder Rennsteigfreunde  
Number: 129

Course: 6.60 km  
Kurzstrecke

Category:  
Senioren M70 (70-74 Jahre)

Total time: 44:18

Speed: 8.13 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 29 (of 31)

Rank in course/Men: 18 (of 20)

Best time in course: 27:00

Rank in category: 2(of 3)

Best time in the category: 41:40