



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Siemon, Thomas

Club: SV Blau Weiß 90 Kreuzburg

Number: 251

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:10

Speed: 14.14 km/h

Running performance: 4:14 min/km

Rank in course/Total: 2 (of 59)

Rank in course/Men: 2 (of 47)

Best time in course: 48:54

Rank in category: 1(of 8)

Best time in the category: 55:10