



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Hess, Danny

Club: Eisenach

Number: 228

Course: 13.00 km

Mittelstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 58:45

Speed: 13.28 km/h

Running performance: 4:31 min/km

Rank in course/Total: 5 (of 59)

Rank in course/Men: 5 (of 47)

Best time in course: 48:54

Rank in category: 1(of 2)

Best time in the category: 58:45