



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Ickler, Mario

Number: 250

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:04:21

Speed: 12.12 km/h

Running performance: 4:57 min/km

Rank in course/Total: 16 (of 59)

Rank in course/Men: 16 (of 47)

Best time in course: 48:54

Rank in category: 2(of 8)

Best time in the category: 55:10