



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

**Hantzsch, Helmut**

Club: Rensteigranners

Number: 238

Course: 13.00 km

Mittelstrecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:04:51

Speed: 12.03 km/h

Running performance: 4:59 min/km

Rank in course/Total: 18 (of 59)

Rank in course/Men: 17 (of 47)

Best time in course: 48:54

Rank in category: 1(of 2)

Best time in the category: 1:04:51