



## 20. Hainich-Lauf Mihla

Mihla / 01.05.2014

### Detailed evaluation

**Heiter, Denny**

Club: Dak-Tales

Number: 236

Course: 13.00 km

Mittelstrecke

Category:

Männer (20-29 Jahre)

Total time: 1:09:16

Speed: 11.26 km/h

Running performance: 5:20 min/km

Rank in course/Total: 31 (of 59)

Rank in course/Men: 30 (of 47)

Best time in course: 48:54

Rank in category: 7(of 9)

Best time in the category: 55:36