



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Gille, Wiegbert

Club: VfL Huepstedt

Number: 246

Course: 13.00 km

Mittelstrecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:12:30

Speed: 10.76 km/h

Running performance: 5:35 min/km

Rank in course/Total: 34 (of 59)

Rank in course/Men: 32 (of 47)

Best time in course: 48:54

Rank in category: 3(of 4)

Best time in the category: 58:16