



20. Hainich-Lauf Mihla

Mihla / 01.05.2014

Detailed evaluation

Knape, Marcel

Club: USV Erfurt

Number: 449

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:18:01

Speed: 16.15 km/h

Running performance: 3:42 min/km

Rank in course/Total: 1 (of 67)

Rank in course/Men: 1 (of 56)

Best time in course: 1:18:01

Rank in category: 1(of 4)

Best time in the category: 1:18:01