



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Kürschner, Heiko

Club: WSC 07 Ruhla
Number: 408

Course: 13.20 km
Berglauf lang

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:04:15

Speed: 12.14 km/h
Running performance: 4:52 min/km

Rank in course/Total: 24 (of 95)

Rank in course/Men: 22 (of 76)

Best time in course: 51:22

Rank in category: 2(of 14)

Best time in the category: 1:03:15