



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Herrmann, André

Club: Tambach-Dietharz
Number: 482

Course: 13.20 km
Berglauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:07:16

Speed: 11.60 km/h
Running performance: 5:06 min/km

Rank in course/Total: 36 (of 95)

Rank in course/Men: 33 (of 76)

Best time in course: 51:22

Rank in category: 9(of 16)

Best time in the category: 56:49