



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Gerling, Cornelia

Club: Waltershausen  
Number: 464

Course: 13.20 km  
Berglauf lang

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:08:05

Speed: 11.46 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 39 (of 95)

Rank in course/Women: 4 (of 19)

Best time in course: 1:02:06

Rank in category: 2(of 6)

Best time in the category: 1:04:42