



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Engelhardt, Siegmar

Club: SV Grün Weiß Schönstedt
Number: 480

Course: 13.20 km
Berglauf lang

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:08:09

Speed: 11.45 km/h
Running performance: 5:10 min/km

Rank in course/Total: 40 (of 95)

Rank in course/Men: 36 (of 76)

Best time in course: 51:22

Rank in category: 2(of 4)

Best time in the category: 1:05:46