



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Ernst, Anna-Maria

Club: Triathlon Friedrichroda  
Number: 304

Course: 13.20 km  
Berglauf lang

Category:  
Frauen (20-29 Jahre)

Total time: 1:08:44

Speed: 11.35 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 43 (of 95)  
Rank in course/Women: 5 (of 19)  
Best time in course: 1:02:06

Rank in category: 1(of 3)  
Best time in the category: 1:08:44