



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Rattmann, Ellen

Club: FSV 1950 Gotha eV
Number: 462

Course: 13.20 km
Berglauf lang

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:12:03

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 50 (of 95)
Rank in course/Women: 8 (of 19)
Best time in course: 1:02:06

Rank in category: 3(of 6)
Best time in the category: 1:04:42