



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

**Anschütz, Saskia**

Club: FSV 1950 Gotha e.V.  
Number: 402

Course: 13.20 km  
Berglauf lang

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:12:55

Speed: 10.70 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 54 (of 95)  
Rank in course/Women: 9 (of 19)  
Best time in course: 1:02:06

Rank in category: 4(of 6)  
Best time in the category: 1:04:42