



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Thiele, Thomas

Club: Lauffeuer Fröttstädt
Number: 479

Course: 13.20 km
Berglauf lang

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:13:14

Speed: 10.65 km/h
Running performance: 5:33 min/km

Rank in course/Total: 55 (of 95)

Rank in course/Men: 46 (of 76)

Best time in course: 51:22

Rank in category: 8(of 9)

Best time in the category: 53:00