



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Kley, Steffen

Club: FF Warza
Number: 452

Course: 13.20 km
Berglauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:13:38

Speed: 10.76 km/h
Running performance: 5:35 min/km

Rank in course/Total: 57 (of 95)

Rank in course/Men: 48 (of 76)

Best time in course: 51:22

Rank in category: 13(of 16)

Best time in the category: 56:49