



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Ebinger, Nadine

Club: Ilmenau  
Number: 436

Course: 13.20 km  
Berglauf lang

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:14:07

Speed: 10.52 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 60 (of 95)  
Rank in course/Women: 10 (of 19)  
Best time in course: 1:02:06

Rank in category: 2(of 3)  
Best time in the category: 1:02:06