



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

ernst, beate

Club: Triathlon Friedrichroda
Number: 305

Course: 6.90 km
Berglauf kurz

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 32:51

Speed: 10.96 km/h
Running performance: 4:46 min/km

Rank in course/Total: 14 (of 76)
Rank in course/Women: 3 (of 22)
Best time in course: 31:07

Rank in category: 1(of 3)
Best time in the category: 32:51