



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Theeg, Katrin

Club: SV-EMSETAL

Number: 413

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:15:59

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course/Total: 69 (of 95)

Rank in course/Women: 12 (of 19)

Best time in course: 1:02:06

Rank in category: 5(of 6)

Best time in the category: 1:04:42