



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Gessert, Stefan

Club: FSV

Number: 465

Course: 13.20 km

Berglauf lang

Category:

Männer (20-29 Jahre)

Total time: 1:16:50

Speed: 10.15 km/h

Running performance: 5:49 min/km

Rank in course/Total: 76 (of 95)

Rank in course/Men: 63 (of 76)

Best time in course: 51:22

Rank in category: 3(of 5)

Best time in the category: 54:36